

## About Halina

With an impressive career portfolio spanning both the public and private sector, Halina has built up extensive knowledge and expertise. An innovator and a catalyst, Halina is well placed to make a significant, inspirational and insightful contribution to the development of both individuals and organisations. In these contexts, Halina has created the depth of experience and wisdom to relate effectively and profoundly to individuals and teams at all levels in an organisation.

She works with a diverse range of professionals enabling them to engage in a powerful journey towards their goals. Crucial to this process, she focuses each client consistently on the practical application of their thoughts and values towards solutions ensuring that realistic markers are established to chart progress and success. Key for her is inspiring individuals and companies to excel by working in creative partnership. The ICF [International Coach Federation] Core Competencies and Code of Ethics, are central to her practical integrative coaching approach.

## CAREER HISTORY

### Executive Development Coach and Personal Coach

1999 to date

Working with the ICF Coaching Core Competencies, Halina creates a safe space within which clients have time to think deeply and explore all aspects of their world whilst developing and enhancing the journey towards their vision and goals.

Benefits for the client include:

- understanding the value of uncertainty as a powerful tool for change
- improving effectiveness, decreasing stress
- access to a thinking partner, a questioner who provides clear, purposeful feedback
- focus on overcoming challenges moving into solutions
- achieving clarity of vision, creating a way forward, developing change strategies
- a provocative but judgement-free sounding board
- powerful collaborative and confidential partnership
- realisation of potential beyond existing preconceptions exploring alternate perspectives
- opportunities to stand back, reflect, evaluate and realign priorities

Halina works in the following ways with individuals and teams:

- tailor made coaching,
- specific coaching programmes,
- facilitation for teams,
- a wide range of workshops

Clients include:

Avon Fire Brigade | Bank of America | Thring Townsend | Director, Leisure organisation | Marketing Manager, National charity | Sales Director, Insurance company | Chairman & MD, Work Life Partnerships | MD, Interior Design company | CEO of Proshare | Customer Service Manager, Printing company | Future Publishing | Media Executive, AXA | MD, Inside Out | Business Development Manager, CPA Ltd | BBC Wales | Change Happens Ltd | Executive – Operations, Barclays Wealth | Head of Coaching, LloydsTSB | HR Business Partner, BP | Vice-President, International manufacturing company | European Commission Translator | European Parliament Policy Writer | Technical Affairs & Communications Manager, Brewers of Europe | BA Training Provider | Director of Art Gallery | Gregg LatchamsWRH | Lloyds TSB Sales Professionals | Search for Common Ground | Preferred supplier for UK Sports and GrowthAccelerator | Associate with The Coach Initiative, Artesian and Smart Coaching Training | As part of an associate team she has co-delivered a coaching skills programme within the aviation industry.

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**Trinity Mirror 1995 - 2003**

*Senior Sales Executive*

Developed an insightful understanding of the challenges and pitfalls of working in a large national organisation; an expertise which is now used to help individuals and teams to overcome difficulties and develop strategies to deal with blocks.

**Self-employed 1993 - 1995**

*Financial, Training and Strategic Planning Consultancy*

Devised, delivered, implemented training programmes for personal and professional development.

**Avon Education Department**

*In-service training provider 1992 - 1993*

*National Primary Centre (SW): secondment 1990 - 1992*

*Primary Support Team 1988 - 1990*

**National Primary Centre (South West): secondment**

*Co-ordinator for Information Exchange, Liaison and Sponsorship 1990 - 1992*

**Local Education**

*Curriculum Co-ordinator (Cambridgeshire LEA) 1984 - 1987*

*Team Leader (Suffolk LEA) 1977 - 1984*

**Marks & Spencer plc 1963 - 1970**

*Personnel Management*

**QUALIFICATIONS**

2014	International Coach Federation	<i>Working towards Master Certified Coach credential</i>
2012	Appreciative Enquiry	<i>Fundamentals: theory and practice</i>
2012	Systemic Coaching & Constellations	<i>Fundamentals: theory and practice</i>
2008	International Mozaik, Paris	<i>Mastery in Business Coaching</i>
2008	International Coach Federation	<i>Assessor for ACC level of Credentialing</i>
2006	International Coach Federation	<i>Professional Certified Coach Credential</i>
2005	Coach Training Institute	<i>Co-Active Coaching Accreditation</i>
1987	University of East Anglia	<i>MA in Applied Educational Research</i>
1983	Cambridge Institute of Education	<i>Advanced Diploma in Educational Studies</i>
1976	Exeter University	<i>Post Graduate Certificate in Education</i>
1974	Exeter University	<i>BA Hons Sociology</i>

**SKILLS & INTERESTS**

- Singing with Gasworks Community Choir; jazz and rock & roll
- Creating interior and garden environments: environmental and community issues
- Travel to see friends in near and far flung places – especially the 13 godchildren

**PROFESSIONAL INFORMATION**

Professional Indemnity Insurance with Oxygen renewed annually June 1<sup>st</sup>

International Coach Federation [ICF] Professional Certified Coach [PCC] credential valid to December 2015

Group Supervision with Jenny Bird, MCC

Development Group with Smart Coaching Training Associates

Co-coaching sessions monthly