

ABOUT:

Halina Jaroszewska is an outstanding Executive Coach, professionally certified by the International Coach Federation [ICF], working with leaders and aspiring leaders to turn uncertainty into a powerful tool for change and growth. Her purpose is to enable clients to take their success to the next level, switch surviving into thriving, and maximise their potential during challenging times.

With an impressive career portfolio spanning both public and private sectors, Halina has developed extensive knowledge and expertise, integrating a wealth of people experience with practical business knowledge in leadership roles including HR with M&S, senior positions in education and media; MA in Applied Educational Research, UEA/Cambridge Institute of Education; Mastery of Business Coaching, International Mozaik, Paris.

The International Coach Federation Coaching Core Competencies and Code of Ethics are a firm foundation for Halina's work with individuals, teams and organisations through bespoke coaching; specifically designed soft skills workshops; designed for you coaching programmes; C-me Behavioural Preference Profiling with de-briefing; facilitation for teams; shadowing; strategic consulting.

Add intuitive wisdom, listening profoundly, effectively getting 'it' to her depth & breadth of coaching experience – 2500+ hours of pure coaching with 100+ individual and corporate clients. Leaders and senior management teams relate to Halina's solid theoretical framework. Also appreciating her out-of-the-box thinking. Her aim is to enable clients to significantly shift their perspective allowing goals to become reality; have tools to make the process work effectively for themselves, their teams and organisation. Crucially giving themselves permission to trust the process.

Designing a partnership in which to have challenging conversations in complete confidentiality is a skill Halina uses effectively. Each client's coaching process is unique for them. Using 360-degree ways of thinking and perceiving, checking out what is said, and not said, is understood contribute to her focused, energised yet light touch approach.

Using metaphors is a passion to create profound layers of understanding. A personal favourite which enables refreshing of her energy to work so successfully at the cutting edge in the corporate world is that of gardener. As is the power of systemic constellations to visually describe situations unravelling layers of information and insights.

Making informed, inspirational, insightful contributions to the development of both individuals and organisations is, for this natural catalyst, ingenious strategist and outstanding coach, an art form. Understanding how behavioural preferences interact sets the scene for thought-provoking development for individuals, teams and organisations.