

HALINA'S APPROACH and ECLECTIC STYLE

Purposeful, Provocative in Partnership

Purposeful:

Everything Halina does with clients is for a purpose. It is designed to help them shift their perceptions, to move on, to explode limiting beliefs and change what they want to change.

Halina works with clients in a straightforward, professional, practical way. She is centred and honest.

Solutions focused, ensuring realistic markers are established charting progress and success. Key is encouraging individuals and companies to excel by working creatively in purposeful, provocative partnership.

Provocative:

Halina believes profoundly that she helps her clients best when she is challenging. Halina is not there to support the status quo. That is not what people pay her for.

Halina's courage helps her be provocative and even ruthless at times; her ability to challenge is very valuable to clients and helps them model such behaviours. Through ingenious combination of laser questions, profound listening, reflecting back, and being tough on excuses!

Being provocative means Halina works with a light touch, humour, playfulness, or even a sense of the absurd to help clients see their situation differently. Halina treats her clients respectfully, at all times. She knows you do not always have to be sombre to be serious!

Halina is best known for her intuitive, perceptive ability to ask those thought-provoking questions that reveal the essence of the challenge and the road map for the change to happen.

She delights in coaching on the edge of being fired as that is when the client starts to take their journey seriously.

Partnership:

Halina aims to create a safe, non-judgemental, protected safe space for clients to explore and go beyond their limits so that they can shift their perceptions and fully use their potential.

Always curious, helping clients explore the possibilities in a deep, profound, supportive way. Halina believes passionately in the ability of each person to go beyond their limiting beliefs and works in partnership with clients to enable to do so. She works with what her clients bring, uses their material.

Halina's aim is to help clients to

- discover untapped resources
- become impressively recognised and sought after in their field
- get over themselves
- identify the impossible, break the rules, coax the possible into the present

Clients describe the 'being Halina'd' process as being able to explore right to the edge; step into their true power; having an interpreter who can clearly translate what seems impossible into the possible.

Uncertainty and expectation are the joys of life. **William Congreve**

Louise Ladbroke, Business West said, 'Halina gets people and cleverly helps them recognise their own behaviours and identify what is holding them and their business, team, organisation, career back. She gives time to think deeply. Get clear on their vision and the steps need to get there within a safe space that makes it OK to explore their world'.

10 benefits for my clients, of my approach, include

1. powerful, provocative, confidential partnership
2. appreciating uncertainty as a powerful tool for change & growth
3. clear, purposeful, judgement-free feedback
4. opportunity to pause, re-evaluate, align priorities
5. transform challenges by exploring breakthrough solutions
6. heart-centred communications; a sneak-peak to boost influence
7. understand yourself and the effect of your behavioural preferences
8. explore existing preconceptions re potential & bust the myths
9. develop emotional intelligence & use it
10. strategies to manage stress making it work for you

Clients say that I challenge and support individuals, leaders and teams to

- ✓ take breakthrough risks
- ✓ bring a sense of reality to a difficult situation
- ✓ get how to crack the code of a problem
- ✓ understand what the triggers are and how to spot them
- ✓ choose a different perspective to recognise sought-after potential
- ✓ be subtly motivated to explore tricky areas
- ✓ have deeply transformational work seem natural
- ✓ challenge their comfort zone to stretch into their optimal performance zone
- ✓ practically apply what they have discovered and share with their teams and colleagues
- ✓ have big picture thinking be the means to create solutions for what is ahead
- ✓ remember that detail is crucial
- ✓ choose to be where the rubber hits the road
- ✓ create consistency; communicate clearly
- ✓ collaborate excellently to deliver outrageously beyond belief, sustainable outcomes
- ✓ be courageous and trust.