

<b>Coach Profile for</b>	Halina Jaroszewska e: halina@halinajaroszewska.com m: +44(0)771 865 8909
<b>Coach Approach</b>	Halina integrates a wealth of people experience with practical business knowledge in public & private sector leadership roles including HR with M&S, senior positions in education & media; MA in Applied Educational Research, UEA/Cambridge Institute of Education; Mastery of Business Coaching, International Mozaik, Paris. Catalyst, inspirational strategist & coach she works with senior management teams, leaders at all levels to encourage thought-provoking development for individuals, teams & organisations. Specialising in strategic planning; building dream teams; unleashing potential by changing mind-set; 360's perspectives to expand horizons; understand behavioural preferences. Known for her innovative approach; big picture thinking; attention to detail she sets the scene for leaders, teams & organisations to create consistency, communicate clearly, collaborate excellently deliver great outcomes. To enable her clients to turn uncertainty into a powerful tool for change and growth is a key deliverable for this inspiring coach especially at this challenging & unprecedented time in our world. Always creating and holding a safe place in which clients can think deeply and explore current challenges.
<b>Industry Experience</b>	Public Sector; Media; Broadcasting; Publishing; Aviation; Banking; Industry; Charities; Oil & Gas; Law; Financial Services; Forensic Science; Manufacturing; Not for Profits; Government Organisations.
<b>Tools Available</b>	ICF 11 Core Competencies [Establishing Agreements, Establishing Trust & Intimacy, Presence, Active listening, Powerful Questioning, Direct Communication, Creating Awareness, Designing Actions, Planning & Goal Setting, Managing Progress & Accountability]; Co-Active Model; Appreciative Inquiry; Systemic Constellations; Behavioural Preferences Profiling; Leadership development; Management of Change, People, Time, Team; Dilts Alignment; Future Landmarks; Cultural Puzzle; Analysing Transforming Discovering Connecting; Theory U Learning to Deep Listen; Leadership models; bespoke tools designed for each client.
<b>Coaching Style</b>	Halina's passion is to partner ethically with her clients as they shift their perspective, take tough decisions, realise their potential. Using an integrative approach, solutions focused, responsive to the client's requirements, it provides flexibility, delivers spot-on questions & an energised yet light touch, reflecting the power of language. She creates safe space for deep thinking & risk taking. Halina's powerful coaching helps her clients know themselves differently; be clear about goals; recognise what stops them; be both vulnerable & courageous; create confidence & vision to switch from surviving into thriving; manage hectic workloads; develop a coaching approach; transform difficult conversations; discover the powerful impact of building on their strengths and successes; and identify what could work even better, so they learn and grow and shift significantly and sustainably to way beyond the next level.
<b>Client Testimonials</b>	'Halina's coaching style is both challenging and supportive and had an immediate knock on effect; she's not afraid to make you ask the difficult questions about yourself. She adapted and worked in a style that suited me, really worked for me. My colleagues and team certainly noticed a difference. A change for the better!' <i>Publishing Director &amp; Board Member UK Media Organisation</i> 'Raising my game beyond what I thought possible really surprising my colleagues & myself I created a national & international profile within my field. Unquestionably with confidence I stepped into being a thought leader and influencer. I have significantly influenced the case law and approach in my field.' <i>Senior Partner Law Firm</i> It was the small changes that I made which had the most impact by making me look at what I did with fresh and very different perspectives. <i>Regional Chief of Emergencies Services</i>
<b>Examples of coaching client base</b>	<b>Public sector:</b> BBC Wales HRD & Heads of Department; Pensions Regulator; Nursing & Midwifery Council <b>Private sector:</b> Lloyds Banking Group Team Leaders, Relationship Managers & Sales Professionals, Department Teams; Ovation Finance MD & Senior Team; Bombardier Senior /Middle Management; Trinity Mirror Group SW Directors /Senior Managers; Laurence Simons Global Managing Director & CEO; Thrings Partners; Manor Community senior & aspiring leadership; Greg Latchams Partners; Future Directors/Senior Team; Rolls Royce WoMen Network; Rolls Royce Senior Project Engineer <b>Not for profits:</b> Search for Common Ground: Far East Country Director & Programme Director in Iraq; The Coach Initiative projects; RNIB National Sales Team; Proshare CEO; UNHCR Leaders; V & A; UK Charities -eg: DiabetesUK, Practical Action; East Midlands Council; South West Councils; Bristol Women in Business; TEDxBristol
<b>Coaching Qualifications</b>	2020 International Coach Federation: <i>working towards Master Certified Coach</i> 2016 Wilsher Group: <i>C-me Behavioural Preference Profiling Activator Accredited</i> 2012 Systemic Coaching & Constellations: <i>Appreciative Enquiry Fundamentals: theory and practice</i> 2008 International Mozaik, Paris: <i>Mastery in Business Coaching</i> 2006 International Coach Federation: <i>Professional Certified Coach Credential</i> 2005 Coach Training Institute: <i>Co-Active Coaching Accreditation</i>