

EXPERIENCE

halinajaroszewska.com

21 years

Executive Coach, Strategic Consultant, Trainer and Executive Coach Associate

July 1999 to present

Bristol United Kingdom

We all want to UNLEASH our full potential, sweep the competition off the floor, win that dream job or amazing contract. Drat! still waiting for it to happen, to smash it?

Trusting to chance is one strategy however MAKING A PLAN, consistently working on each element, setting SMART goals with ingenious rewards is another providing it is sustainable. Attending workshops with the illusion that they will work magic is another.

Combine the two and add on working with an Outstanding Executive Coach is a SURE-FIRE WINNER. Coaching helps embed the plan realistically with what is learnt during the workshop or training.

Public Personnel Management, Winter 1997 showcased research by International Personal Management Association where training alone was compared to coaching plus training. The study showed that training alone increased productivity by 22.4%. Training plus coaching increased productivity by a massive **88%**. Result!

According to an ICF Client Survey 98.5% of coaching clients said their investment in a coach was well worth the money. Hard evidence always helps to show how this type of intervention is effective.

'You're a diamond. Thank you so much. Words cannot show how much I appreciate your wealth of expertise and how you helped me to identify and celebrate my own! I can't thank you enough as I now have the job of my dreams – it's one of those very hush hush ones. *A Starkie Forensic Scientist*

Access my exclusive C.O.R.E coaching methodology concentrating on 3 key aspects:

1. you - how you perform at your best, how you can adapt to work effectively with others
2. colleagues - how to influence them to perform at the cutting edge effortlessly
3. stakeholders and clients - designing, discovering, delivering, excellent bespoke service

which makes for incredible BREAKTHROUGH potential! Developing the Personal and Professional BRAND that you truly want to be known for is PURE GOLD DUST! Get with The Savvy Factor and cutting edge of leadership be ahead of the competition.

Ready to let go of old patterns, habits, behaviours, excuses, reasons?

Ready to choose those that serve you best?

Ready to supercharge your career, your future?

The REST IS EASY.

Serious about making those 'dare to dream of' results a reality?

It's time to book a 30 minutes chemistry session. Choose your time slot

halinajaroszewska.com associate with The Forton Group

January 2015 to present

5 years 6 months

Leaders in UN High Commission for Refugees; UK Charities; Museum and Galleries Sector

Working with these leaders on dealing with stress due to heavy workloads; managing teams, direct reports, and leadership levels above; communication effectiveness; clarity of professional and career progression and development.

Experience with these leadership clients has demonstrated clearly the following: with UK Charities the benefits and impact of laser coaching; with UNHCR the importance of understanding the organisation's culture; the challenges

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that arise; being flexible with timings due to project deadlines; ditching any assumptions re what these leaders know or don't know about working with people!

halinajaroszewska.com associate with The Coach Initiative

May 2010 to present

10 years 2 months

Working with leaders in Middle & Far East in war zones and crisis situations: Far East Country Director and Iraq Programme Leader with Search for Common Ground; Medical Consultant in Egypt; Crisis on Call for frontline medics. Work with these leaders has emphasised for me the importance of profound listening, honing my ability to hear beyond the words, reading body language and background cues via virtual platforms. Being acutely aware of the fragile, uncertain circumstances and locations in which they work; the challenges that they face with their people as they aim to develop potential in service of 'clients' in situations of extreme need. That patience is the secret weapon alongside genuine humility at my good fortune.

halinajaroszewska.com associate with Smart Coaching Training Ltd

July 2013 to present

Executive Coach

Worked with Leaders at The Pensions Regulator re developing teams and individuals.

Workshop Leader / Trainer / Developer of Training Programmes

Worked with The Nursing & Midwifery Council delivering 5 Step & 12 Part Career Planning & Development programmes across the organisation as well bespoke one-off programmes. These programmes are now being converted into online course in view of the current uncertain COVID-19 situation.

Strategic Consultant

Smart Coaching Co-Director Isla Baliszewska described my work as Strategic Consultant with SCT: The launch of our new brand in 2013 necessitated taking a clear strategic view of SCT's organisational objectives.

Halina, her formidable coaching background with businesses and leaders plus her ability to hone-in on gaps, picked up nuances of what was needed to take our next business steps.

Her uncanny ability to identify what's not said yet intended Halina helped us articulate clear, challenging, desired outcomes. We were not allowed off the hook!

Acting as an elegant combination of cheerleader/referee, giving gently provocative support for me personally in deciding on and initiating next steps, Halina has been key to SCT's success in building an excellent brand, helping define our products, setting out our strategic goals.

My strategic consultant role for Smart Coaching Training Ltd has confirmed for me the importance of Directors getting clarity; being in alignment with a shared agreed company vision; having a thinking partner who is compassionately ruthless and asks 'will this make the boat go faster'; doing what they do best v chasing next shiny thing; being acknowledged, appreciated when making tough decisions.

halinajaroszewska.com Head of Partnerships for TEDxBristol

September 2017 – July 2020

Creating the sponsorship [both money and in kind] needed to produce the TEDxBristol events 2017, 2019; managed 44+ Partners; developed content, booked presenters, engaged Partners in B2B programmes for the Partners clear goal to make great business connections. Learnings: working under astonishing pressure, managing diverse workstreams has emphasised the gift of prioritising. AND it is all about the people, building amazing relationships which is the key to my success for sure.

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Training and Strategic Planning Consultancy

1993 – to date

Devised, delivered, implemented training programmes for personal and professional development; wealth of experience and learning informing future work in public and private sectors, not for profits.

Trinity Mirror Group

1995 – 2003

Senior Sales Executive

Developed insightful understanding of challenges and pitfalls of working in a large national organisation; an expertise now used to help individuals and teams to overcome difficulties, develop strategies to deal with impossible deadlines, tough situations, and decisions. That building relationships is the must-have for the respected, successful sales executive.

Local Education Authorities

In-service training provider [Avon] 1992 - 1993

National Primary Centre (SW): secondment 1990 - 1992

Primary Support Team [Avon] 1988 - 1990

Curriculum Co-ordinator (Cambridgeshire LEA) 1984 - 1987

Team Leader (Suffolk LEA) 1977 – 1984

16 years' experience in the Education Sector has given me depth and breadth of understanding of different behavioural preferences; how to enable teams – teachers, children and parents – to work together effectively to create a richly creative sought-after learning environment. How to spot untapped talent at an early age, nurture, celebrate it. A life-changing tip for any leader at any level!

Marks & Spencer plc 1963 – 1970

Personnel Management – start of portfolio career with clear theme of people and development. Rapid promotion taught me how to adapt quickly to different locations, situations, and people. The sought-after ability to turn on a sixpence; to assimilate vast amounts of information in disparate formats quickly in order to make life-changing decisions with confidence and aplomb.

QUALIFICATIONS

2020 International Coach Federation Working towards *Master Certified Coach credential*

2016 Wilsher Group *C-me Colour Preference Profiling Activator Accredited*

2012 Appreciative Enquiry *Fundamentals: theory and practice*

2012 Systemic Coaching & Constellations *Fundamentals: theory and practice*

2008 International Mozaik, Paris *Mastery in Business Coaching*

2008 International Coach Federation *Assessor for ACC level of Credentialing*

2006 International Coach Federation *Professional Certified Coach Credential*

2005 Coach Training Institute *Co-Active Coaching Accreditation*

EDUCATION

1987 University of East Anglia *MA in Applied Educational Research*

1983 Cambridge Institute of Education *Advanced Diploma in Educational Studies*

1976 Exeter University *Post Graduate Certificate in Education*

1974 Exeter University *BA Hons Sociology*

PROFESSIONAL INFORMATION

- Professional Indemnity Insurance with Oxygen renewed annually in June
- **ICO: Information Commissioner's Office – Data Protection** renew annually March
- International Coach Federation [ICF] Professional Certified Coach [PCC] credential valid to 31.12.21
- Co-coaching & co-supervision sessions alternate months; The Forton Group development group